the BARN

## **Light Lunch Menu**

#### Ciabatta, French Fries, salad

£9.99

Locally smoked ham & Mature cheddar cheese
French brie & locally smoked crispy bacon
Italian mozzarella, tomato & pesto
Tuna mayonnaise & dill

### Souvlaki in pita bread

£14.99

Free range chicken breast, flatbread, tomato, tzatziki, red onion, cucumber, oregano, French fries

Local pork tenderloin, flatbread, tomato, tzatziki red onion, cucumber, oregano, French fries

Salad £14.99

Crispy duck salad, mange tout, spring onion, bean sprouts, fresh melon, red chilli, coriander, mint, soy dressing.

Greek salad, feta, black olive, tomato, caper, cucumber, red onion, mixed leaf Chicken Caesar salad, anchovy, cos lettuce, parmesan cheese, crouton

#### Free-range egg omelette, French fries, salad

£12.99

Spanish omelette, potato, chorizo, onion Greek omelette, tomato, onion, spinach, feta Italian omelette, Parma ham, mozzarella

Pasta £14.99

Penne, salmon, cream, tomato, white wine, shallots, dill Spaghetti Carbonara, bacon, egg, olive oil, parmesan Spaghetti Agli e Olio, spaghetti, olive oil, garlic, parsley

#### Sharing platter (for 2)

Seafood, Two Mersea oysters, clams, mussels, smoked salmon, tiger prawns, tuna pate, bread, lemon, salad (add dressed crab £9.99)

Charcuterie & Cheese antipasti: Mature cheddar, brie, stilton,

Parma ham, salami, chorizo, garlic and herb new potatoes, olives, salad

£19.99

Available for lunch Thursday – Saturday till 4pm

V – Vegetarian | VE – Vegan | VEA – Vegan available | GF – Gluten free | DF – Dairy free | We cannot guarantee any of our food will contain no nuts or any other allergic irritants

### **Set Menu**

Available for lunch and dinner on Thursday and for lunch on Friday, Saturday and Sunday

Two Course **25.99** 

Three Course 31.99

#### Starter

Soup of the day 'VE' 'GF'

Chicken liver parfait

Red onion marmalade, toasted white bread

Avocado and prawns Seasonal leaves, Marie Rose Dressing

Pan fried wild garlic mushrooms Toasted bread, melted butter

Hummus, crudités, flatbreads 'V' Carrot, celery, cucumber

#### **Main Course**

Herb crusted salmon 'DFA'
Crushed new potatoes, green beans, lemon dressing

Lemon and thyme chicken breast 'GF' 'DFA' Rösti potato, sautéed wild mushrooms, spinach, green beans, smoked garlic cream

Moules Mariniere 'GF' 'DFA'
Shallot, garlic, white wine, cream, French Fries

Penne all' Arrabbiata 'VE'
Penne pasta, Spiced Italian tomato sauce, basil

Caramelised red onion and feta tart 'V' Roasted rosemary infused root vegetables

#### Dessert

Any dessert from the dessert menu

Cheese (supplement £4.00)

## A la Carte

### **Snacks**

Fried broad beans 'GF' 'DF'	3.99
Mixed olives 'GF' 'DF'	4.99
Starter	
Mersea rock oysters 'GF' 'DF' 3 oysters, crushed ice, red wine and shallot vinegar, lemon, Tabasco	11.99
Home cured Scottish salmon gravadlax 'GFA' 'DF' Brown bread, beetroot, lemon mayonnaise	9.99
Prawn cocktail 'GFA' Cos lettuce, Marie Rose dressing	9.99
Grilled scallops 'GF' Bacon, apple puree	14.99
Crispy avocado Prawns, garam masala and paprika sauce	9.99
Chicken liver parfait 'GFA' Red onion marmalade, toasted white bread	9.99
Duck spring roll Pickled vegetables, Hoisin sauce	9.99
Parma ham and melon Balsamic glaze	9.99
Deep fried Brie 'V' Cranberry sauce	9.99
Soup of the day 'VE' 'GF' 'V' Freshly made by our team	7.99
Hummus, crudités, flatbreads 'VEA' Carrot, celery, cucumber	7.99

# A la Carte

## Main

Herb crusted salmon 'DFA' Crushed new potatoes, green beans, lemon dressing	19.99
Fillet of seabass 'GF' 'DF' Rosemary and sea salt, sautéed potatoes, samphire	24.99
Moules Mariniere 'GF' 'DFA' Shallot, garlic, white wine, cream, French Fries	22.99
Seafood Spaghetti Tiger Prawns, clams, mussels, tomato, samphire	24.99
Lemon and thyme chicken breast 'GF' 'DFA' Rösti potato, sautéed wild mushrooms, spinach, green beans, smoked garlic cream	19.99
Pork tenderloin Braised carrots, black pudding bon bons, burnt apple puree, sage mash, red wine jus	23.99
The Barn Burger Homemade beef burger, brioche bun, little gem lettuce, mayonnaise, tomato, dill pickles, cheddar cheese, bacon rasher, tomato relish, French fries	19.99
East Anglian free range steaks All steaks served with roasted vine tomato, seasoned mushrooms, salad & French fries Your choice of Bearnaise, Garlic and parsley butter, or Peppercorn	
10oz ribeye steak 'GF' 'DFA'	32.99
10oz sirloin steak 'GF' 'DFA'	34.99
7oz fillet steak 'GF' 'DFA'	36.99
North Indian Jalfrezi curry 'VE'  Sweet potato, aubergine, courgette, spinach, carrot, kale, garlic naan  (Add grilled shicken broast supplement 65,00)	18.99
(Add grilled chicken breast supplement £5.00)	18.99
Caramelised red onion and feta tart 'V' Rosemary infused root vegetables, sauteed potatoes, , green beans, rocket	18.99
Sides	
French beans, fresh chilli, garlic butter 'V' 'GF'	4.99
Garden peas, bacon, melted butter	4.99
Cauliflower cheese 'V'	4.99
French fries 'V' 'GF'	4.99
Onion rings 'V'	4.99
Greek salad 'V' 'GF'	6.99

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## Dessert

A selection of ice creams, chocolate thins 'GF' 'V' 'VE'	9.99
Flaming crème brûlée, shortbread 'V'	9.99
Lemon and lime cheesecake, mixed berry compote 'V' 'GF'	9.99
Double chocolate brownie, chocolate sauce, vanilla ice cream 'V' 'GF' 'VEA'	9.99
Apple crumble tart, custard 'V'	9.99
Strawberries & cream 'V' 'GF'	9.99
A selection of Cheese, organic quince jelly, celery, homemade bread, and assorted crackers 'V'	13.99

## **Hot Drinks**

Espresso	3.00
Double espresso	3.50
Americano	3.50
Cappuccino	3.50
Café latte	3.50
Hot chocolate	3.50
Liqueur coffee	from <b>8.00</b>
Selection of tea available	from <b>3.00</b>

# **Cafetiere Coffee**

Small Two cup	5.00
Medium Three cup	7.00
Large Four cup	9.00



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